

# Activity Pack

SUMMER EDITION



# NESCAFE

# A Summer Poem

## **Sonnet**

I love to see the summer beaming forth  
And white wool sack clouds sailing to the north  
I love to see the wild flowers come again  
And mare blobs stain with gold the meadow drain  
And water lillies whiten on the floods  
Where reed clumps rustle like a wind shook wood  
Where from her hiding place the Moor Hen pushes  
And seeks her flag nest floating in bull rushes  
I like the willow leaning half way o'er  
The clear deep lake to stand upon its shore  
I love the hay grass when the flower head swings  
To summer winds and insects happy wings  
That sport about the meadow the bright day  
And see bright beetles in the clear lake play

**John Clare, 1841.**



John Clare was a truly special 19th-century English poet. He vibrantly captured rural life and nature, often doing so while working as a farm labourer. He intimately witnessed England's changing landscape during rapid industrialisation, a theme woven into his verse. A vital voice in English Romanticism, Clare is now seen as a pioneer for both ecological and working-class literature.

# Summer Bunting

Create your own summer bunting. It's a delightful way to add a splash of colour and cheer to any room, or even a for a special occasion. These instructions will guide you through every step.



## Step 1

Use a printable template as a guide for the size of your bunting. You can either print the template directly onto coloured card or print it onto plain card/paper and use it as a template to draw around.

## Step 2

Once your bunting has been cut out, it's time to decorate! We have supplied a template for a sunshine and flower, but feel free to decorate your bunting in any way you like – get creative with it!

## Step 3

Once you have finished decorating your bunting, it's time to get it ready for hanging. Use either a hole punch or scissors to cut 2 holes in each pennant (we have included guides in our template).

## Step 4

Finally, thread your string through the holes. Once complete, hang your bunting to add instant cheer to your space!



### Items Needed:

- Card (coloured)
- Scissors
- Hole Punch
- Twine / string

### Optional:

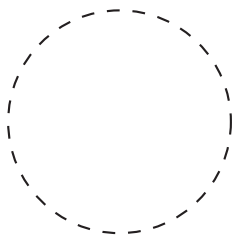
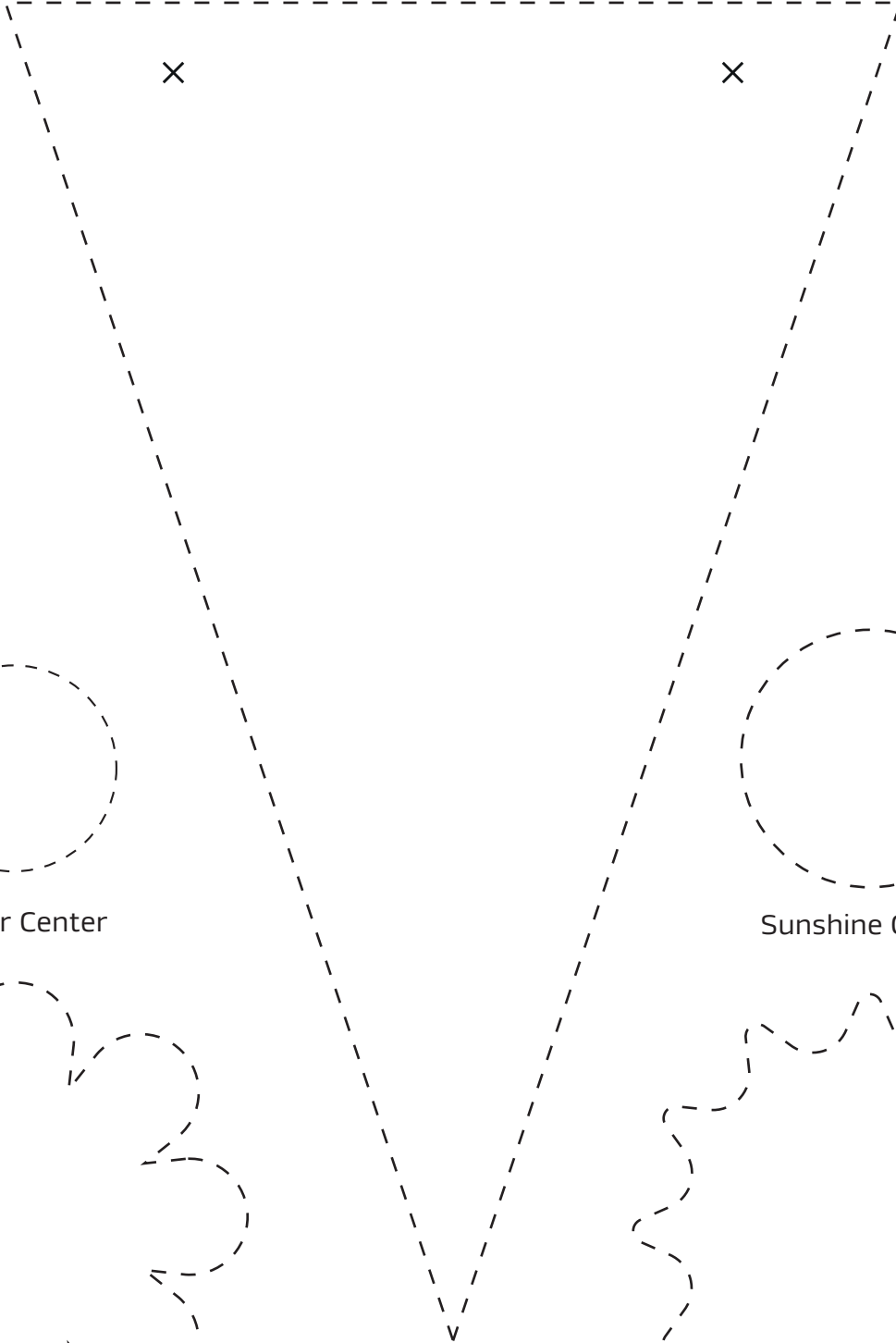
- Paint
- Colouring pens / pencils

# PRINTABLE BUNTING TEMPLATE

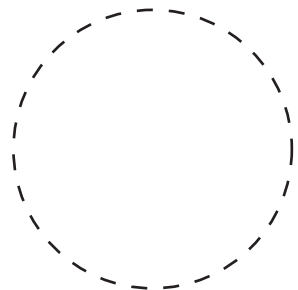
Cut along on the dashed line



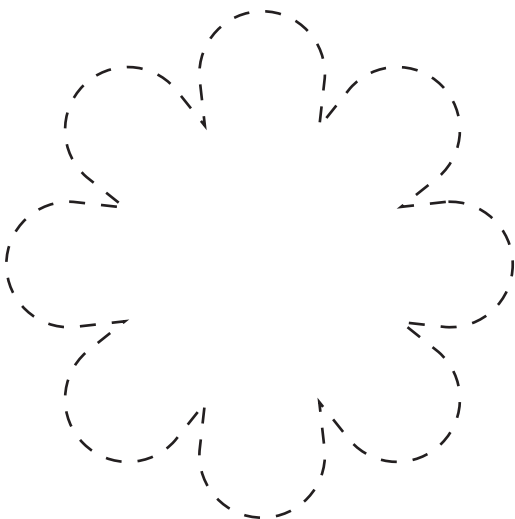
Bunting



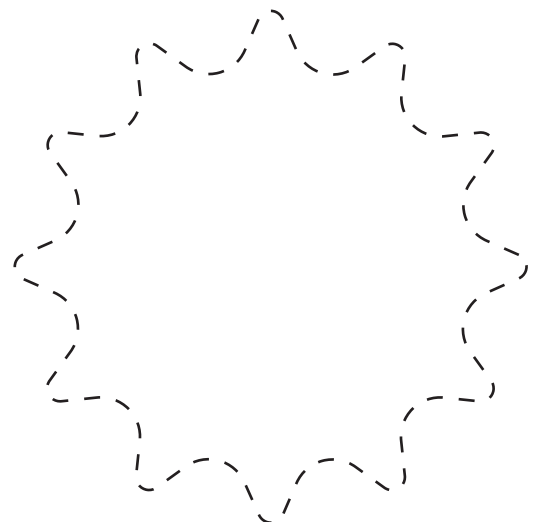
Flower Center



Sunshine Center



Flower



Sunshine

# Sudoku

MEDIUM 01								
		7		5				6
9	2		6					7
6			9				3	1
		2	8		6			4
	9			1			6	
8					3	1		
4	3				9		1	
2					4		7	5
				2		6	4	

MEDIUM 02								
					3	8		
						9	5	
	9						2	
		7				2	4	
1	6		2	4			9	
9								6
4		6		1				
5	8							
	1	9	4	8			6	

HARD 01								
9			6				2	3
		5		4		7		
	8		1					
		1			9	5		
			7				9	6
	9			2				
	6				8	3		
	5			7			4	
8		2	3					1

HARD 02								
					3			
7		1	5		2			
	2	3				5		8
1			3			9	4	
		9	6					7
		6	4	8	9		2	
							9	
				6				1
				3	1	7		4



Sudoku is a fun puzzle where you fill a 9x9 grid with numbers from 1 to 9. The goal is to make sure that every row, every column, and each smaller 3x3 square has all the numbers from 1 to 9, without any repeats. Some numbers are already filled in to help you get started, and you use those as clues to figure out where the rest of the numbers go!



# Pebble Painting

Create a range of beautiful decorative pebbles! A wonderfully simple and relaxing activity that lets you transform ordinary stones into vibrant works of art. Perfect for decorating your garden, home, or creating a unique gift.

## Step 1

Give your pebbles a quick clean to wash off any dirt and dust, then dry them thoroughly.

## Step 2

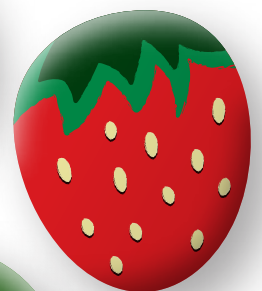
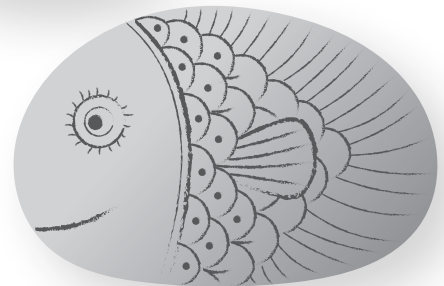
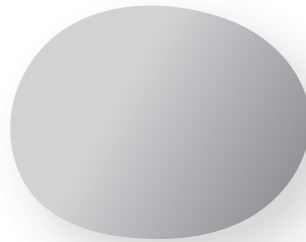
Carefully draw out your design with a pencil onto your pebble; this will help you plan out where you want everything to go. You can even sketch it down on paper first, before transferring it to your stone.

## Step 3

Now to start painting on your design! We recommend acrylic paint as an easy and inexpensive paint to use. Work on any large areas of colour first, before moving on to more intricate areas. You can leave the paint to dry between sections to avoid smearing. You can also use markers to add any final details to your design.

## Step 4

Finally, once you are happy with your painting and the paint has dried, cover it with a thin layer of your glue or varnish. Be sure to use smooth, even strokes. One coat should do the trick!



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### Items Needed:

- Smooth pebbles
- Paint and brushes
- Pencil
- Clear glue / varnish

# Coffee Walnut Cake

Check the ingredients for allergens before use.

## For the cake:

**225g** butter or reduced fat butter spread suitable for baking

**225g** golden caster sugar

**4** large eggs, at room temperature

**55g** ground almonds (optional)

**2tbsp NESCAFÉ® Gold Blend**, dissolved in 3tbsp boiling water, then cooled

**25g** chopped walnuts

**225g** self-raising flour

## For the filling:

**150g** reduced fat butter spread, or butter, softened

**150g** golden icing sugar, sieved

**1tbsp NESCAFÉ® Gold Blend** dissolved in 1tbsp boiling water

## For the icing:

**1tsp** coffee liquid reserved from the above

**150g** icing sugar, sieved

**25g** chopped walnuts

## Equipment:

Deep loose-based cake tin

This is our ultimate coffee and walnut cake!

**Moist coffee sponge, soft coffee buttercream and drizzled with a coffee glaze and topped with walnuts.**

 **SERVES: 10**

 **COOK TIME: 55MINS**

## Step 1

Preheat the oven to 180°C, (160°C for fan ovens) Gas Mark 4. Grease and base line the cake tin.

## Step 2

Place the sponge ingredients except the walnuts into a large mixing bowl and beat until light and creamy with an electric hand mixer.

## Step 3

Fold in the chopped walnuts and spoon the mixture into the tin. Bake for about 45-50 minutes, or until well risen and a skewer comes out clean.

## Step 4

When the cake is cold, beat the ingredients for the filling together in a bowl until you have a soft buttercream. Split the cake into two or three layers and then sandwich back together with the filling.

## Step 5

Gradually mix the coffee liquid into the icing sugar, adding more water, in drops, to form a thick icing. Spread the icing onto the centre of the cake and coax it to the sides. Sprinkle with walnuts if using and leave to set.



# Making Postcards

Make your own postcard! We've included a lovely template with a scene for you to colour in, making it easy to get started. It's a fantastic way to send a personalised message to someone special, or simply to enjoy the relaxing process of bringing a picture to life with your own colours.



## Step 1

Simply print the template out onto sturdy card, cut it out and then get colouring!

## Step 2

Once you have finished, turn your postcard over and draw on the dividing line down the centre as well as the lines on the right-hand side for the address.



## Items Needed:

- Scissors
- Colouring Pencils / Pens
- Sturdy Card
- Ruler



## POSTCARD TEMPLATE

Cut along on the dashed line



# Answers

## Sudoku

MEDIUM 01								
3	1	7	2	5	8	4	9	6
9	2	4	6	3	1	5	8	7
6	5	8	9	4	7	2	3	1
1	7	2	8	9	6	3	5	4
5	9	3	4	1	2	7	6	8
8	4	6	5	7	3	1	2	9
4	3	5	7	6	9	8	1	2
2	6	1	3	8	4	9	7	5
7	8	9	1	2	5	6	4	3

MEDIUM 02								
2	5	1	6	9	3	8	7	4
6	4	8	7	2	1	9	5	3
7	9	3	8	5	4	6	2	1
8	3	7	1	6	9	2	4	5
1	6	5	2	4	8	3	9	7
9	2	4	5	3	7	1	8	6
4	7	6	9	1	2	5	3	8
5	8	2	3	7	6	4	1	9
3	1	9	4	8	5	7	6	2

HARD 01								
9	1	7	6	8	5	4	2	3
6	3	5	9	4	2	7	1	8
2	8	4	1	3	7	9	6	5
7	2	1	8	6	9	5	3	4
3	4	8	7	5	1	2	9	6
5	9	6	4	2	3	1	8	7
4	6	9	5	1	8	3	7	2
1	5	3	2	7	6	8	4	9
8	7	2	3	9	4	6	5	1

HARD 02								
6	9	5	8	7	3	4	1	2
7	8	1	5	4	2	3	6	9
4	2	3	1	9	6	5	7	8
1	5	8	3	2	7	9	4	6
2	4	9	6	1	5	8	3	7
3	7	6	4	8	9	1	2	5
8	1	7	2	5	4	6	9	3
9	3	4	7	6	8	2	5	1
5	6	2	9	3	1	7	8	4

